

# SAHAJA YOGA MEDITATION AUSTRALIA

## SELECTION PROCESS GUIDELINES

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*Aum Twamewa Sakshat, Shri Ganesha Sakshat, Shri Adi Shakti Mataji,  
Shri Nirmala Devi Namoh Namaha.*

## **SAHAJA YOGA AUSTRALIA COUNCILLOR / COORDINATOR SELECTION HISTORY OVERVIEW AND GUIDELINES**

**Jai Shri Mataji!**

Australian Sahaja Yogis have used vibration checking for important decisions since Her Holiness was in the country in 2006-2007.

In September 2010 at HH Shri Mataji's Genoa House She arranged for the Australian National Councillor Selection using methods that were discussed beforehand allowing Her to indicate Her Will via the Divine Vibrations and introducing a Continuity Principle.

She blessed the process in person and in writing as the method for Australian Sahaja Yogis to use into the future for Her to indicate whom She chooses as Her State and National Councillors and Coordinator.

The process has served the Australian Collective well with Her Divine attention very pronounced during the Selection and Checking processes.

Guidelines which follow are based on our using vibratory awareness over the years and HH Shri Mataji's Selection Process She arranged in Genoa, with enhancements to further improve the integrity and transparency of Mother's gift of Vibration Selection where She indicates Her choices.

*(Document created in April 2022)*

As time passes and more Yogis/Yoginis come to Her Holiness and Sahaja Yoga they may not be aware of important historical facts and guidance provided during Her incarnation, specifically relating to our administration.

Of those fortunate to spend time in Her presence and see and hear first-hand Her loving instructions, some of us were charged with ensuring Her advice doesn't become lost, misinterpreted or corrupted, by creating records such as this of significant advice, events and examples designed to take us into the future.

Her Holiness regularly warned that what She has given us is sacrosanct and cannot be challenged or disregarded, and it is essential for Collectives and their Countries to remain in the attention and blessings of the Divine.

An example of disregarding Her advice occurred where a democratic process was created in one of our cities so Yogis could vote on how they wanted Sahaja Yoga to be managed. Her Holiness was very angry that a process was created suggesting human egos knew better than the Divine, and She immediately dismantled the arrangement, making an example of those involved.

## HISTORICAL SELECTION AT SHRI GANESHA PUJA CABELLA/GENOA ITALY 2010



At Shri Ganesha Puja in Italy in 2010 Her Holiness arranged for a majority of Australian National Councillors to be in attendance. The Councillors took the opportunity to discuss formally adopting a 'Continuity Principle' and using 'Vibration Checking' for future Councillor and Coordinator selection for the Australian Collective with Her Holiness and Sir CP.

The Continuity Principle is designed to ensure a continuation of knowledge being provided to a new Council or Coordinator and avoids new members being unaware of processes, legalities, projects, relationships, contacts and arrangements with other countries etc. It also ensures that the experience, wisdom, knowledge and information about the management of Sahaja Yoga is not lost, and ensures that the promotion of Sahaja Yoga is not disrupted by the appointment of a new Council without experience.

The 'Continuity Principle' has two aspects:

1. By adding a percentage of previously experienced recent Councillors from the last Selection who are in agreement to be included in the Candidates list to be checked.
2. By holding the Selection process around three months before the hand-over date so new Councillors/Coordinators can be included in communications and interact with active Councillors/Coordinators becoming familiar with the role.

The Australian National Council was due to be renewed and as most were at the home of Her Holiness with Her in attendance it was an ideal time, place and situation to offer the names to the Divine.

Prior to receiving HH Shri Mataji's blessings for the Australian Councillor/Coordinator Selection Process using Divine Vibrations, the concept was widely discussed around the country with strong support received as a means for Shri Mataji to indicate directly whom She wants in Councillor and Coordinator positions to assist with the practical and spiritual needs of the Collective and the spreading of HH Shri Mataji's gift and message.

Before going to Italy each current Councillor was contacted checking if they were prepared to offer themselves to Mother and if chosen, serve again as a Councillor. The arrangement was that those not wishing to be offered would advise by email, which a number did. A list was then made up of some previous National Councillors and a number of experienced State Councillors.

Councillors nominated themselves and there was no time restriction on how long a Councillor could serve, based on the understanding that Her Holiness would decide how long She wished them to be in Her service.



## COMPARING THE GENOA SELECTION TO METHODS USED IN AUSTRALIA

The following is provided to explain the process in Genoa which HH Shri Mataji arranged, and the process Her Holiness has successfully used in Australia for 12 years.

*(Incidentally in Genoa Her Holiness miraculously chose the appropriate number of Councillors living in every Australian state to ensure they were represented.)*

Some aspects of the Genoa process have been enhanced to provide even more transparency and security, but the basics elements remain identical.

### HAVING SUITABLY SENSITIVE YOGIS FOR HER HOLINESS TO INDICATE HER WILL THROUGH

(In 2010 **In Genoa** Shri Mataji used the Marriage Team members to conduct the Selection).

**In Australia** this involves having a group of Yogis with recognised good vibratory awareness to be vehicles for Shri Mataji's indications. To identify those receptive to vibrations on the day a process using Mother's photos in envelopes and other envelopes with negative words to differentiate the vibrations to get sensitive Selectors.

Those with the best results are invited to carry out the Candidate Selection process.

## PLACING NAMES IN ENVELOPES

**In Genoa** NO Australian Councillors were present and names were placed in plain envelopes and the Marriage Team mixed them up and asked the question ***“Mother, Do you desire that this person to be in Australian council”*** (See Confirmation Notes of Genoa Process page 10)

**In Australia** printed Candidate names are placed in sealed plain envelopes and shuffled by two Facilitators. Another Facilitator not involved in the placing and shuffling places the numbers on the envelopes in a separate place so no-one can possibly know the names inside. The numbers on the envelopes help to keep track of them.

The Australian process uses the words ***“Shri Mataji, is it Your Will that this Yogi/Yogini be a (State Councillor, National Councillor or Coordinator) for Australia for the Advancement of Sahaja Yoga?”***

## RECORDING AND STORING THE RESULTS

**At Genoa House** vibrations felt were written directly on the envelope with hot envelopes being put aside. The envelopes were returned, and a list made of those Mother had chosen. As each name was removed and recorded on the list the name was immediately placed back in the envelope.

All name envelopes were then placed in a sealed larger envelope and stored in a secure cupboard outside Shri Mataji's rooms. Someone challenged the results and the sealed envelopes were transported to Burwood and provided the required proof to dismiss the challenge.

## HER HOLINESS BLESSES SELECTION PROCESS

**In Genoa** a letter describing the process used and a list of Councillors was presented to Her Holiness with verbal explanations and seeking Her blessings for the Councillors and the process utilised. After blessing the letters a copy was placed at Her Lotus Feet. (Photos below) Her Holiness also provided letters confirming Her blessings for Her selection process.

## FOLLOWING ARE:

PHOTOGRAPHS OF HER HOLINESS BLESSING THE PROCESS

LETTER TO HER HOLINESS

LETTERS FROM HER HOLINESS

CONFIRMATION OF THE GENOA PROCESS



## HER HOLINESS GIVES HER BLESSING TO THE SELECTION PROCESS AND COUNCILLORS CHOSEN IN GENOA IN 2010





## **2 PAGE LETTER TO HER HOLINESS**

**Our Beloved Her Holiness Shri Mataji**  
**We humbly offer at Your Lotus Feet advice on the**  
**Selection Process principles used in choosing the**  
**Australian Council for the advancement of Sahaja Yoga.**

The guiding principles used in determining the selection process for the new Australian Council for the advancement of Sahaja Yoga was based on the 'Continuity Principle'.

To achieve this principle and ensure knowledge and experience would be available and passed to incoming new councillors a percentage of previously experienced councillors were included in the list to be considered on vibrations.

From that point the independent vibration checking process was used to determine councillors and coordinators where names were placed in sealed envelopes with no Australian Sahaja Yogis being present or involved in the checking process.

Once the vibrations were checked, the envelopes were opened and the independent vibration checking representatives then advised of the results which are now presented, seeking Your approval and blessing.

16<sup>th</sup> September 2010

*The second page advised the names of those selected.*

## 2 PAGE LETTER FROM HER HOLINESS

SHRI MATAJI NIRMALA DEVI

Via Pasquale Berghini, 65  
Genoa, Italy, 16132  
Italy

*17<sup>th</sup> September, 2010*

My dearest son Chris,

Your message dated 14 September, 2010, has brought tears to my eyes to know that your term as the Australian Sahaja Yoga Co-ordinator is now over. You have been an ideal and totally devoted SAHAJA YOGI AND SAHAJA LEADER. You have taken absolutely admirable steps for spreading the HOLY AND NOBLE message of SAHAJA YOGA not only throughout Australia but also in many other countries. I have seen their videos and have felt overjoyed. I request you to continue to provide guidance and encouragement to the new team to carry forward your noble mission in every possible manner.

I convey my love, blessings and best wishes to the new Australian SAHAJA YOGA CO-ORDINATOR, SNO BONNEAU, who has devoted himself wholeheartedly to the advancement of SAHAJA YOGA and has written a SUPERB BOOK on PRATISHTHAN. I also convey my love and best wishes to the new Australian Council. They have your glorious example to emulate. I know that all of them are totally dedicated to SAHAJA YOGA and to spreading the SAHAJA message. My love and blessings to all of them.

With all my blessings to you and to all members of the erstwhile Council,

Mataji Nirmala Devi

I join SHRI MATAJI in every word above and convey my feelings of immense admiration, love and respect,

C.P.



SHRI MATAJI NIRMALA DEVI

Via Pasquale Berghini, 65  
Genoa, Italy, 16132  
Italy

*19<sup>th</sup> September, 2010*

In continuation of my earlier message, I wish to convey to you my complete approval of the Selection Process principles used in choosing the Australian Council for the Advancement of Sahaja Yoga.

With love,

Mataji Nirmala Devi

## CONFIRMATION NOTES OF THE PROCESS HELD IN GENOA IN 2010

We were blessed by Shri Mataji by Her arrangements for the selection of the new Australian Council members at Her home in Genoa in September 2010.

During Shri Ganesha Puja in Italy a number of Australian Councillors had the opportunity to discuss with Shri Mataji and Sir CP a suggested process developed after wide consultation and input for choosing State and National Councillors and Coordinators. The proposed method was approved and advised *'this is the model for the rest of the world.'* India has also recently adopted a Vibration Checking Council Selection process.

To provide some continuity of experience, carrying forward of essential knowledge and to maintain all efforts to spread and promote Sahaja Yoga, a principle that a percentage of the previous Council be nominated as candidates for vibrational selection was endorsed.

This principle is further enhanced by holding the Selection earlier than the change-over time so those chosen can gain experience working the Councillors and Coordinators before taking over.

After receiving the blessings to go ahead with the suggested method, the names of all the new Australian State Councillors, and a number of previous Australian Councillors were provided for checking.

The candidates names were then placed in sealed unmarked envelopes by a senior Greek Councillor and checked on vibrations by the team helping with the work for the marriages. This was done independently of any Australian Yogis in Shri Mataji's residence in Genoa with Shri Mataji Herself present in the home.

### **The Greek Councillors written comments follow:**

*"I was involved for checking vibrations for new Australian Council at Genova House. We put the names of each candidate in separate envelopes. We mix the envelopes and checked vibrations asking questions like "Mother, Do you desire this person to be in Australian council?". Then the result were like hot, cool, catches etc. We wrote result on each envelope. Hot envelopes were not selected. No Australian member were present during vibration checking and no one knew whose name was in the envelope"*

### **A member of the World Council also provided written comment:**

*"A Greek Councillor had supervised the process so I confirmed with him that they used the envelope method for selection based on what the Australians had agreed to. I'm completely satisfied that the process was done correctly according to the wishes of the Australian collective and am happy to endorse this."*

We can advise that by checking the vibrations, Shri Mataji's Will has been expressed in the selection of the Yogis to represent the Sahaja Yogis of Australia as the Australian Council.

## PARTICIPANTS IN THE PROCESS

**Her Holiness Shri Mataji Nirmala Devi.** Our Beloved Mother blessed and gave us the guidelines referred to in this document which were described as ‘the model for the rest of the world’ at the historic 2010 Selection process in Genoa. Her Holiness is our Divine Guru and we always respect and adhere with full surrender to Her guidance and advice.

**Facilitators** consist of groups of four or more Sahaja Yogis chosen by the Trustees or Councillors in some states to carry out Selection Processes for State Councillor, National Councillor and Coordinator positions. Facilitators will be proficient in all aspects of selection processes based on the guidelines provided by Her Holiness and in this document.

Vibration **Checkers** selected in Stage 1 will check the vibrations of envelopes with numbers on the outside and record the results on signed forms. (Stage 2)

**Selection Management Team (SMT)** A group of four Sahaja Yogis with management skills chosen by the Trustees will support Facilitators and provide resources, and act as our traditional seniors to provide integrity and confidence to the processes in NSW. The SMT will also work with Trustees and Councillors to provide Nomination Forms and manage allocating nominees to Facilitators, creating and managing previous and updated records of Councillors terms of service and general selection record keeping.

**Observers** will act as our traditional senior Selection overseers ensuring integrity and confidence in the processes in states other than NSW. To maintain a distance from Councillors the two Observers supporting Facilitators in each state conducting selections and will be chosen by the Collective.

**Trustees** manage our administration aspects including our properties and work within strict legislation in their activities and management of the Collectives assets and legal requirements and ensure the essential elements of Sahaja Yoga Her Holiness provided remain intact.

**State Councillors** work closely with their Collectives and support their spiritual growth and work in spreading Sahaja Yoga.

**National Councillors** also have a strong connection to the Collective concentrating on more administrative matters affecting the wider Australian Collective.

**Coordinator** roles include managing the coordination of National and International activities and interactions between our volunteer administration in collaboration with National Councillors, and communications with the Collective.

**Legal Compliance Team Coordinator** roles include ensuring all our activities comply with legal and legislative requirements and are in accordance with the spiritual values and expectations as gifted by Her Holiness Shri Mataji Nirmala Devi.



## AUSTRALIAN COUNCILLOR AND COORDINATOR SELECTIONS INCORPORATING VIBRATION AWARENESS

### OVERVIEW

*Vibration Awareness processes provided by Her Holiness since 2006 create a connection through the param chyaityanya to indicate Divine choices for important decisions. While already in use, Her Holiness arranged the selection of Australian National Councillors in Genoa in 2010, endorsing the process in writing with the inclusion of a 'Continuity Principle' to indicate those best suited to serve Her Australian family as Councillors and Coordinators. To reflect the Genoa 2010 arrangements, we have a 2-stage process involving teams of volunteers to manage the Selections.*

One or two groups of four '**Facilitators**' in NSW will be invited by the NSW National Councillors and Trustees to run the Selections with the support of a **NSW Selection Management Team (SMT)** carrying out the **National Councillor, Coordinator** and **optional NSW State Councillor** selections at Balmoral.

Four "**Facilitators**" (in states other than NSW), will be suggested by local National or State Councillors of the state concerned and will be invited by the Trustees. The Facilitators with the support of two senior Sahaja Yogis described as '**Observers**' nominated and chosen by the Collective will carry out **State Councillor** selections for other states.

A team of four **Selection Management Team (SMT)** members invited by the Trustees will provide an 'overseeing' role to the Stage 1 process, and work closely with Facilitators in checking all forms in Stage 2 for all NSW based Selections. The SMT will provide all Form Templates, Nomination Forms and various resources required. They will also create and maintain a record of Councillors and Coordinators past terms for reference and historical interest, and other Selection record keeping services for all states.

Two senior **Observers** will be chosen by the Collective in states (other than NSW) conducting State Councillor Selections to work closely with Facilitators and sign off on Compilation, Results and Declaration Forms and delivering all Selection Records to HH Shri Mataji's Burwood home. Observers will arrange for Results pages to be photographed and sent to the Trustees, Coordinator and SMT members so those chosen can be notified and Shri Mataji's letter prepared.



## DETAILS OF SELECTION PROCESS

**The first stage** is to identify those best suited to conduct the checking process uses 5 envelopes with A4 size photos HH Shri Mataji's photos and words with negative vibrations and a 5 box form Yogis fill in to check their vibratory selection on the day. Those chosen from Stage 1 to check envelopes are described as '**Checkers**'.

The results and names are placed on a 'Names of Selectors' Form and those with the best results carry out Stage 2. A photograph will be taken and printed of the first stage 'Names of Selectors' Form which will be placed in a locked briefcase along with all other items used for record keeping.

**The second stage** is the actual Selection where we provide Selection Checking Forms so vibrations experienced by the '**Checkers**' can be written next to the number on the form corresponding to an envelope to ensure anonymity and transparency.

At the end of the checking process all the Facilitators open the envelopes one at a time and place the names next to numbers on the form filled in by the Checkers, and immediately place the names back in the sealed envelopes to avoid any mix ups.

When all the names have been placed on all the forms the details are transferred to a **Compilation Sheet**. The Compilation Sheets are filled in with names and the various vibrations felt. After carefully checking the results with Selection Management Team (SMT) members (and Observers in some states), a **Final Result Form** is filled in starting at No 1 with the obvious choice and so on down the list.

All these processes are carried out by all Facilitators who name and sign every form as correct. The attending SMT members (and Observers) also sign the Compilation, Results and Declaration Forms.

**Printed photographs** of the 1st Stage Results page, Compilation, Results and Declaration Forms are to be added to the original records with a **photograph of the Results page provided to the Trustees and Coordinator by email**. For selections held in NSW all original records are to be kept in a locked briefcase and promptly transferred by hand to HH Shri Mataji's rooms at Her Burwood, Sydney Centre. Photographic proof of the records at Burwood will be provided to the SMT, Facilitators and Trustees.

For ***Selections held in states other than NSW*** the above will apply but the original records and photographs will be sent to a Trustee in NSW or a SMT member by a **registered delivery service** to then be delivered to HH Shri Mataji's rooms at Her Burwood. Photographic proof of the records at Burwood will be provided to the Facilitators and Observers in the state where the Selection occurred, and the Trustees.

**Records** of names of Councillors and Coordinators and their periods of service will be established and updated by Facilitators and the Selection Management Team and provided to the Trustees for record keeping.



*Dear Holiness Shri Mataji, thank You for these Guidelines and  
for Your personal loving involvement in these Blessed Events.*



## GUIDELINES TO ASSIST FACILITATORS, SELECTION MANAGEMENT TEAM MEMBERS AND OBSERVERS FOR CONDUCTING HH SHRI MATAJI'S SELECTION PROCESS FOR AUSTRALIA

*Some sections are referred to elsewhere in the document*

### **NOMINATIONS - TIMING OF PROCESS**

At least six weeks before the Selection process begins the Selection Management Team (SMT), Observers and Facilitators need to be advised of the date and the SMT will provide Nomination Forms to be distributed to the Collective detailing their options of offering their services as a State or National Councillor. The SMT will also send nomination forms to all qualified recently active Councillors detailing their options. Nominations received back will be recorded and provided to the Trustees and National Councillors (where appropriate) to be verified. Once verified the SMT will provide the nomination lists to Facilitators no later than 2 weeks before the selection date to begin preparations.

### **MAIN REQUIREMENTS**

- Ensuring no influencing or interference occurs with the process, before, during or after the Selection.
- Coordinators, Councillors and Trustees have no involvement in the Selection Process once it begins.
- The integrity and privacy of those being checked is fully respected.
- All guidelines and protocols are precisely followed.
- Facilitators to be identified by National Councillors and invited to participate by the Trustees.
- This full document and Guidelines for the Selection, and 'Briefing Notes' are be provided to the

Facilitators at least two weeks before the Selection takes place to allow Team members to become familiar with them.

- The 'Continuity Principle' as approved by Her Holiness will be applied to retain experience and knowledge with previous Councillors being included along with new candidates to allow Her Holiness a choice to provide continuity. The Selection will take place 3 months before the retirement and handover of previous Councillors/Coordinators to allow new members to become familiar with their roles.
- Nominations received presume acceptance to take on the role if chosen or advise they don't want to be included.
- The list of agreeing Candidates is to be provided to the Facilitators at least two weeks before the Selection takes place.
- All envelopes, forms, printed names, music stand, clipboards, pens etc. are prepared before the checking gets under way.
- Those conducting the checking of envelopes are to be fully briefed and understand the process and that there is to be no discussion, comparing notes or any interactions with others, including the Facilitators SMT members or Observers during the checking procedure.
- All participants will spend time in quiet meditation before commencing the checking and be reminded of their blessing to be in the enhanced vibrations of Her Holiness. Participants will enter and remain in thoughtless awareness during the checking process.
- A minimum of 3 vibration checking volunteers selected from Stage 1 will be required for a quorum for the checking to go ahead.

## **IDENTIFYING AND VERIFYING CANDIDATES Carried out by Trustees and National Councillors.**

### ***Nominees for the role of Councillor/Coordinator should meet the following criteria:***

- They are actively involved in the work of Sahaja Yoga
- They regularly attend collective programs and pujas
- Their personal circumstances are such that they can actively contribute to the workings of the council in a respectful, positive manner, always having Her Holiness and the welfare of the collective in the attention and the highest priority
- They agree to always adhere to HH Shri Mataji's advice and instructions.
- They should enjoy the general respect of the Collective
- They have no pending legal action that may bring Sahaja Yoga into disrepute
- Any nominee who has a criminal record which would affect their ability to carry out their role as a Councillor/Coordinator should decline to be nominated.
- Any Councillor/Coordinator involved in legal action (*not considered malicious in nature*) must step down from their position until the matter is resolved. A replacement for the position can be arranged if the situation is long term.
- Councillors / Coordinators who resigned during their term of service will not be eligible to be considered *unless they provide a legitimate reason such as a required employment relocation to another state*.
- Anyone in a position where they can't provide or prove the existence of their Selection records involving both the Stage 1 and Stage 2 process with a signed and dated Results Form will be considered invalid.
- It should be borne in mind that if more than one yogi from a single family are selected as State or National Councillors, it is reasonably likely that this may impact upon the family, and is not recommended.
- All nominees' names are to be provided to the Trustees (and National Councillors where appropriate)

from their state to check their eligibility for selection. The approved names will be provided to the SMT to be recorded and passed on to the relevant Facilitators to prepare the Selection process.

## TEAM MEMBERS

*It is a blessing to be part of the Team managing the Selection process and being so close to Mother's attention and having the responsibility that all aspects are carried out correctly and always showing full respect for Her Holiness and Her protocols.*

**'Facilitators' in NSW and other states will conduct the Selection process with the SMT observing and checking Stage 1 and as participants in Stage 2.**

The **Facilitators** will be provided with these Guidelines and Specific instructions for carrying out the process well in advance of the Selection taking place and become fully conversant with them. A copy of these instructions will be printed off and available on site if needed to be referred to.

The **Selection Management Team** and **Observers** will ensure all resources are available and observe Stage 1, and participate with the Facilitators in Stage 2. They will be in attendance for all stages ensuring compliance and signing off on the Selection results and delivering records to HH Shri Mataji's Burwood home.

Vibration **Checkers** coming from the Stage 1 process will conduct the actual checking on vibrations process.



## TWO STAGE PROCESS

The Selection process used in Australia to choose Councillors and Coordinators involves two stages. **The first stage** seeks to identify Yogis with a higher vibration sensitivity on the day, similar to the International Marriage Team whom Mother used to express Her desire through in 2010 when our Selection Process was blessed by Her.

**The second stage** involves the candidates' names being presented in plain envelopes with only a number to identify them to the Vibration Checkers selected in stage 1 who will check the vibrations of the names and list them on provided forms.

All resources including Forms, Envelopes, Names, Photos of Her Holiness etc. will be provided to the Facilitators by the Selection Management Team (SMT).

## FIRST STAGE

*The First Stage involves using A4 envelopes, some containing Mother's photos and others with negative words, and a 5 box form to indicate who is more attuned to vibrations on the day.*

*The whole assembled Collective will participate.*

- The SMT will prepare 5 x A4 size envelopes away from the Collective before the first stage commences placing a mix of photos of Her Holiness and negative words inside to indicate positive and negative vibrations. The envelopes will have provided numbers 1 to 5 glued on the front.
- The Facilitators will distribute '5 box forms' and pens to all Sahaja Yogis present to identify those with good vibration sensitivity on the day.
- A music stand will be set up to the side of the stage away from HH Shri Mataji's main photo (page 40)



and A4 envelopes with numbers 1 to 5 will be placed on the music stand one at a time for Yogis to check the vibrations and mark it on their form.

## Settling the attention

*Before the Stage 1 envelope placement and checking occurs the Facilitators will explain what will occur with the envelopes and forms asking everyone to PRINT their names and date on them. The Facilitators will then bow before Mother and ask for Her attention on everyone. Everyone in attendance will then be asked to place themselves in bandhan, raise their kundalinis, and clear any centres noticed, and keep raising kundalini until they are in proper thoughtless awareness. With their attention at Sahasrara Yogis will quietly be reminded to ignore everyone and any distractions around them and ask Mother to please be in their hearts. This settling of attention should not be rushed, but once it's felt the attention is settled the envelopes need to be paced quietly one by one. After the second envelope Facilitators can quietly ask everyone to again raise their kundalinis to retain their thoughtless awareness.*

- When all the envelopes have been presented the filled in and named the 5 box forms and pens are collected and kept secure and each A4 envelope will then be opened to show what was in each one.
- The photos and words will be replaced back into the same envelopes and kept secure.
- Filled in forms are checked against a provided 'Master Copy' (page 41) with the correct answers to speed up the checking. Those with the best results are recorded on a 'Selectors Chosen Form' and they are then invited to participate in the Stage 2 Vibration Checking process where Her Holiness indicates Her will.
- Those chosen from Stage 1 to check envelopes with names in Stage 2 will be further described as '**Checkers**'.
- The checking process Stage 2 should occur as soon as possible after identifying the Checkers.

## Keeping the attention settled

*Those selected for conducting the checking of envelopes with names need to be advised to keep their attention quiet and settled and they can go to Mother's rooms, place themselves in bandhan and sit outside in meditation and get themselves into thoughtless awareness for the checking process. They should not disturb their attention by speaking with other Yogis or other Vibration Checkers and understand they are about to be in Mother's special attention and presence during the process and be in a humble, respectful attitude.*

- All forms used in Stage 1, A4 envelopes with photos etc. are all collected and held in a locked briefcase kept with a Selection Management Team member or Observer.
- There is to be no discussion about any private information coming from Stage 1 with any Yogis/ Yoginis before, during or after the 5 envelope initial selection has occurred.
- Members of the Selection Management Team and Observers will monitor all aspects of Stage 1 to ensure compliance.

## SECOND STAGE

### Preparations

*Before commencing the Stage 2 process the Facilitators will divide into two groups. One group of two will **place the printed names in the envelopes** ensuring the names can't be seen and sealing the envelopes. **The envelopes are then shuffled and mixed up.** The second group of two who were in another area are then given the envelopes to **place the numbers** (page 48) **on them.** This process ensures no-one knows the names inside. The music stand is also put in place away from Mother's photo in the room to ensure Her vibrations don't interfere with the vibrations of the envelopes. Clipboards will also be prepared with the checking forms attached and a pen.*

- After meditating outside Mother's rooms (or where the Selections will be carried out) all participants

in the vibration checking process will be invited by the Facilitators to move into the 'selection' room bowing to Mother's photograph and spending time in meditation obtaining and holding their attention in thoughtless awareness.

- They should sit as far apart as possible from others and not disturb their attention by speaking with other 'Checkers' and understand they are in Mother's special attention and presence during the process and be in a humble, respectful attitude.
- The 'Checkers' will be briefed by a Facilitator on the process they will use and understand that there is to be no discussion, comparing notes or any interactions with other 'Checkers' in the room, or the Facilitators or Selection Management Team members during the checking procedure.
- The Checkers will be provided with a clipboard, pen and a Selection Form with only numbers relating to the envelopes to be used.
- The 'Checkers' will be briefed by a Facilitator on the process they will use and understand that there is to be no discussion, comparing notes or any interactions with other 'Checkers' in the room, or the Facilitators or Selection Management Team members during the checking procedure.
- The Checkers will be provided with a clipboard, pen and a Selection Form with only numbers relating to the envelopes with no indication of the names inside.
- During the checking process all 'Checkers' need to sit as far apart from others as possible and ensure their checking sheets can't be seen and they should not acknowledge or interact with other 'Checkers' in any way and very importantly keep bringing their attention to Sahasrara between each envelope being offered using their hands to raise kundalini if necessary.
- Checkers will also clear vibrations from their hands before checking the next envelope.
- Vibration checking of candidates is carried out using sealed envelopes with numbers on the outside of the envelopes and no indication of the names inside.
- Each envelope will be placed separately for checking on the music stand, and the Vibration Checkers will ask the question: ***"Shri Mataji, is it Your Will that this Yogi/Yogini be a (STATE COUNCILLOR, NATIONAL COUNCILLOR or COORDINATOR) for Australia for the Advancement of Sahaja Yoga?"*** OR an appropriate question.
- Vibrations experienced will be noted on the form provided which is named, signed and dated by the Vibration Checkers and Facilitators.
- **"Cool" requires both hands to be cool** Vibration Checkers write 'Cool', 'Not Cool' and any catches indicated on the forms with no candidates' names visible, and only numbers corresponding to numbers on the outside of the sealed envelopes. *(The reason for listing any catches felt helps Her Holiness show the better choice if two or more candidates receive similar results.)*
- Upon completion of the checking of names the Vibration Checkers will remain in place in meditation in case a further check is required, and the Facilitators with SMT members in attendance and participating will open each envelope and place the names against numbers on the filled in Forms.
- Only one envelope will be opened at a time **with the name immediately placed back inside and sealed** to avoid any mix ups. All forms used will be signed by the Facilitators.
- A provided **Compilation Form** (page 42) will be used to create a single list of the results with all names and vibrations noted listed against them.
- After carefully examining the Compilation List a **Final Results list** (page 43-45) will be filled in with the candidate with the most positive indications listed No 1, and then 2. 3. 4 and so on with all candidates results shown.
- **If two names get similar results** their names will be placed in new envelopes with new numbers using two groups and the two envelopes will be checked again with results placed on new Compilation and Results Forms. If a clear result is shown the Checkers will be thanked and can then leave.
- The Selection Management Team will participate in the process once the Checkers hand over their forms, especially the **Compilation Form and Final Results** processes and if everything is in order they will sign both of the documents.
- All Selection Team Members, Observers, and Facilitators involved in the Process will **also sign a**

### **Declaration Form. (page 46-47)**

- The results will not be divulged to anyone not directly involved in the process at the time.

### **Security and follow up**

- The Selection Management Team will then take and provide photos of the Results Forms to the Trustees and Coordinator by email as soon as practical.
- Photos will be taken of the Compilation, Results and Declaration Forms to be discretely printed off and hard copies added to the records of all items used in the process to be held in a locked briefcase until delivered to Burwood.
- The Selection Management Team will contact the successful candidates.
- A letter to Her Holiness (page 48) will be arranged thanking Her and advising the names of the new Councillors or Coordinator and seeking Her blessings for them and the Australian Collective.
- The Selection Management Team will arrange for the letter to be presented to Her Holiness at Nirmal Dham or Burwood and arrange for an announcement of the result/s to the Collective along with the letter/s to HH Shri Mataji.
- **ALL records, forms, photos** and other items involved in Stage 1 and 2 are to be collected in a suitable large envelope marked 'Selection of Councillor / Coordinator - Month- Year- Location,' signed by the Facilitators and members of the Selection Management Team.
- All records will be stored in a locked briefcase and delivered to Burwood to be offered to Her Holiness and then placed in a locked filing cabinet. A photo showing the records in HH Shri Mataji's rooms will be sent to the Facilitators, SMT, Coordinator and Trustees.
- **Once Selection Process photos have been sent to appropriate parties and printed off to add to the records they will be deleted from cameras.**

## **RESOURCES**

A complete package of all Form Templates will be provided to the Facilitators by the Selection Management Team. All Form Originals and Templates are available from the Selection Management Team and the Trustees

- **Stage 1** '5 box' forms to suit the number of Yogis expected, (2 to a sheet). (Page 27)
- Master Copy to check by. (Page 28)
- Results sheet. (Page 43-45)
- Pens to suit the number of Yogis expected,
- 2 x A3 size envelopes,
- 5 x A4 Envelopes,
- Up to 20 DL envelopes - depending on number of nominees,
- Glue Stick for applying numbers to envelopes,
- Scissors to cut out numbers,
- Access to a printer,

### **ONE OFF ITEMS:**

- 1 music stand to hold envelopes,
- 1 lockable briefcase,
- 10 x Clipboards,
- 3 x A4 size photographs of HH Shri Mataji, (*HH Shri Mataji's Photographs are to be provided by the Selection Management Team to Facilitators in all states.*)
- A printed copy of these guidelines and the full document for reference.

**ITEMS TO BE SOURCED AND OBTAINED BY THE FACILITATORS OR SMT members** will have payment provided back to them from Sahaja funds on presentation of receipts.

## **SELECTION MANAGEMENT TEAM (SMT) GUIDELINES & ROLES**

**The SMT will carry out several roles including:**

- Arranging for the distribution of **Nomination** invitations to the Collective and active Councillor Candidates for State/National Councillor and Coordinator positions, providing Criteria Requirement information, and a link to a PDF file of the full Selection Process document
- Providing response letters to Nominees with further information if required
- Providing nominee names to Councillors and Trustees to check eligibility
- Creating Candidate lists for each state and forwarding to relevant Facilitators
- Advising Facilitators and Observers of Selection dates
- Providing literature, advice and training for Facilitators / Observers where required
- Arranging for at least two SMT members to attend each Selection Process in NSW
- Arranging for an alternative Facilitator members for each Selection if someone is unavailable
- Arranging all required resources for each Selection
- Providing Candidates names to Facilitators at least two weeks before the Selection
- Overseeing all aspects of Stage 1 and 2 and checking and signing relevant forms
- Ensuring ALL forms and records are locked in a briefcase at the end of each process
- Ensuring all records are delivered to Burwood and placed in a locked filing cabinet
- Providing photographic proof of records being delivered HH Shri Mataji's Burwood home
- Arranging a letter to HH Shri Mataji (*page 48*) to go to Nirmal Dham or Her Burwood Rooms (SAMPLE PROVIDED SEPARATELY as a Word .doc) so names and other details can be filled in)
- Advising successful candidates, Coordinator, Trustees and Collective of the results.
- Source A4 size photographs of Her Holiness and provide them to Facilitators in all states
- Provide and maintain updated records of previous terms of Councillors/ Coordinators to be recorded and made available. Records to be held by the Trustees
- General management and keeping of records



*Dear Holiness Shri Mataji again we thank you for your direct gift to us of indicating Your choice for our Councillors and Coordinators through the Divine Vibrations and processes recorded in this document.*

*Jai Shri Mataji!*





## **SAMPLE FORMS FOR VARIOUS ASPECTS OF THE PROCESS FOLLOW**

- Original templates will be provided to Facilitators and are always available from the SMT or Trustees.
- Nomination Forms have been created for invitations from the Collective to be offered as State Councillors.
- Nomination Forms for active and recently active Councillors for State and National Councillor and Coordinator positions.
- A letter to Her Holiness seeking blessings for new Councillors / Coordinators, and a Sequence of the Process Diagram are included.

### **Following are:**

Sample Invitation to Collective Nomination Forms  
Sample Invitation to Active Councillors Nomination Forms  
Coordinator Nomination Form  
Online Nomination Form  
Candidate Eligibility Criteria Information  
First Stage Diagram  
5 Envelope First Stage Selection Master Copy  
Numbers for Stage 1 envelopes  
Words for Stage 1 envelopes  
Results of Selection Checkers chosen  
Stage 2 Diagram  
Numbers for DL Selection envelopes  
Candidate Names Template Forms  
Sample National Coordinator Selection Forms  
Sample National Councillor Selection Forms  
Sample State Councillor Selection Forms  
Sample Compilation Forms  
Sample Results Coordinator Forms  
Sample Results National Councillor Forms  
Sample Results State Councillor Forms  
Sample Declaration Form - NSW  
Sample Declaration Form - States other than NSW  
Sample Letter to Her Holiness  
Sequence of Selection Process diagram

## SAMPLE INVITATION TO THE COLLECTIVE NOMINATION FORM



SAHAJA YOGA MEDITATION AUSTRALIA

### COUNCILLOR NOMINATION FORM - from Collective

Please add my name to be offered to Her Holiness for consideration as a candidate

for Vibrational Selection to serve the (State name)

Collective

for the position of **STATE COUNCILLOR**

to serve HH Shri Mataji and Her Sahaja family.

FULL NAME:

ADDRESS:

MOBILE:

EMAIL:

COLLECTIVE ATTENDED:

I have viewed the **Candidate Criteria** (Below) and believe I comply.

☐

I have viewed the **Councillor/Coordinator Selection Process document** (attached)

☐

I have a current **(WWCC) or equivalent approval** Number

I agree that the outcome from the Selection Process will be final and accepted and not challenged.

☐

*All information and your nomination remains confidential*

**PLEASE FILL IN ALL SECTIONS - SAVE THE PDF DOCUMENT  
AND ATTACH IT TO A NEW EMAIL & RETURN BY EMAIL ASAP TO:**

.....

*Your nomination will be verified.*

Jai Shri Mataji!



SAHAJA YOGA MEDITATION AUSTRALIA

## ACTIVE COUNCILLOR NOMINATION FORM

Please add my name to be offered to Her Holiness for consideration as a candidate for Vibrational Selection to serve the (State name)  Collective

for the position of **STATE OR NATIONAL COUNCILLOR**

Click on box **State Councillor** ☐ **National Councillor** ☐

I do not wish to nominate again ☐  
to serve HH Shri Mataji and Her Sahaja family.

FULL NAME:

ADDRESS:

MOBILE:

EMAIL:

COLLECTIVE ATTENDED:

I have viewed the **Candidate Criteria** (Below) and believe I comply. ☐

I have viewed the **Councillor/Coordinator Selection Process document** (attached) ☐

I have a current **(WWCC) or equivalent approval** Number

I agree that the outcome from the Selection Process will be final and accepted and not challenged. ☐

*All information and your nomination remains confidential*

**PLEASE FILL IN ALL SECTIONS - SAVE THE PDF DOCUMENT  
AND ATTACH IT TO A NEW EMAIL & RETURN BY EMAIL ASAP TO:**

.....

*Your nomination will be verified.*

Jai Shri Mataji!

**SAMPLE INVITATION TO NOMINATE FOR A COORDINATOR ROLE**



**SAHAJA YOGA MEDITATION AUSTRALIA**  
**COORDINATOR NOMINATION FORM**

In my position as a National Councillor please add my name to be offered  
to Her Holiness for consideration as a candidate for Vibrational Selection  
for the Australian Collective in the position of

**AUSTRALIAN NATIONAL COORDINATOR**

to serve HH Shri Mataji and Her Sahaja family.

FULL NAME:

ADDRESS:

MOBILE:

EMAIL:

COLLECTIVE ATTENDED:

I have viewed the **Candidate Criteria** (Below) and believe I comply. ☐

I have viewed the **Councillor/Coordinator Selection Process document** (attached) ☐

I have a current **(WWCC) or equivalent approval** Number

I agree that the outcome from the Selection Process will be final and accepted and not challenged. ☐

*All information and your nomination remains confidential*

**PLEASE FILL IN ALL SECTIONS - SAVE THE PDF DOCUMENT  
AND ATTACH IT TO A NEW EMAIL & RETURN BY EMAIL ASAP TO:**

.....

*Your nomination will be verified.*

**Jai Shri Mataji!**



# ON-LINE COLLECTIVE NOMINATION FORM SAMPLE



## SAHAJA YOGA MEDITATION AUSTRALIA COUNCILLOR NOMINATION FORM - from Collective

Please add my name to be offered to Her Holiness for consideration as a candidate

for Vibrational Selection to serve the (State name)

Collective

for the position of **STATE COUNCILLOR**

to serve HH Shri Mataji and Her Sahaja family.

FULL NAME:

ADDRESS:

MOBILE:

EMAIL:

COLLECTIVE ATTENDED:

I have viewed the **Candidate Criteria** (Below) and believe I comply.

☐

I have viewed the **Councillor/Coordinator Selection Process document** (attached)

☐

I have a current **(WWCC) or equivalent approval** Number

I agree that the outcome from the Selection Process will be final and accepted and not challenged.

☐

*All information and your nomination remains confidential*

**PLEASE FILL IN ALL SECTIONS AND PRESS SUBMIT BELOW**

*Your nomination will be verified.*

**Jai Shri Mataji!**

**SUBMIT**

## CANDIDATE ELIGIBILITY CRITERIA INFORMATION

# SAHAJA YOGA MEDITATION AUSTRALIA COUNCILLOR / COORDINATOR SELECTION

## ELIGIBILITY CRITERIA REQUIREMENTS

### IDENTIFYING AND VERIFYING CANDIDATES

***Nominees for the role of Councillor/Coordinator should meet the following criteria:***

- They are actively involved in the work of Sahaja Yoga
- They regularly attend collective programs and pujas
- Their personal circumstances are such that they can actively contribute to the workings of the council in a respectful, positive manner, always having Her Holiness and the welfare of the collective in the attention and the highest priority
- They agree to always adhere to HH Shri Mataji's advice and instructions.
- They should enjoy the general respect of the Collective
- They have no pending legal action that may bring Sahaja Yoga into disrepute
- Any nominee who has a criminal record which would affect their ability to carry out their role as a Councillor/Coordinator should decline to be nominated.
- Any Councillor/Coordinator involved in legal action (*not considered malicious in nature*) must step down from their position until the matter is resolved. A replacement for the position can be arranged if the situation is long term.
- Councillors / Coordinators who resigned during their term of service will not be eligible to be considered unless they provide a legitimate reason such as a required employment relocation to another state.
- Anyone in a position where they can't provide or prove the existence of their Selection records involving both the Stage 1 and Stage 2 process with a signed and dated Results Form will be considered invalid.
- It should be borne in mind that if more than one yogi from a single family are selected as State or National Councillors, it is reasonably likely that this may impact upon the family, and is not recommended.
- All nominees' names are to be provided to the Trustees (and National Councillors where appropriate) from their state to check their eligibility for selection. The approved names will be provided to the SMT to be recorded and passed on to the relevant Facilitators to prepare the Selection process.

# STAGE 1 PROCESS

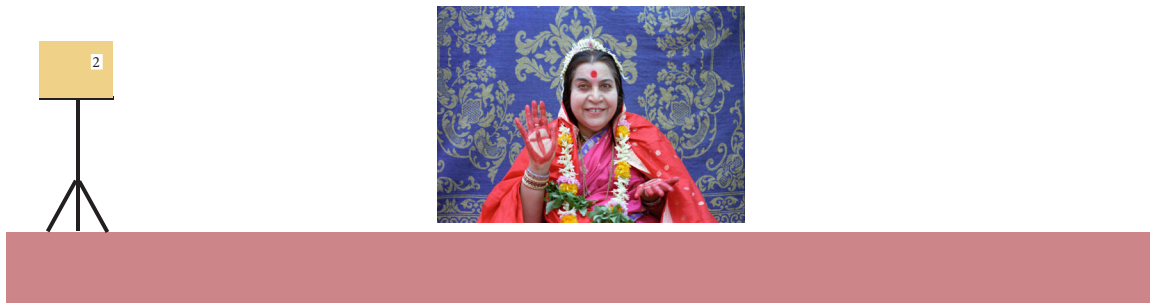
**5 Envelope Selection** - to identify Yogis with good sensitivity on the day - equivalent to the Marriage Team in Cabella.

## Sample of A4 Manila envelopes

with some containing HH Shri Mataji's photos and others with negative vibrations



Each envelope is placed one at a time on a music stand or similar to the left or right of the stage to avoid vibrations coming from HH Shri Mataji's photo on the stage.



Yogis **PRINT** the date & their name and check vibrations and mark a tick for cool vibrations and a cross for not cool vibrations on the form below.



SAHAJA YOGA AUSTRALIA VIBRATIONAL SELECTION

DATE: .....

NAME: (please print clearly) .....

Clearly mark each box with a tick ☒ for cool vibrations - or a cross ☒ for not cool vibrations

1	2	3	4	5
---	---	---	---	---

## 5 Envelope First Stage Selection

### MASTER COPY

**This MASTER COPY to be filled in with Correct Answers and used to check results of completed forms to identify Yogis to carry out the Checking Process.**



SAHAJA YOGA AUSTRALIA VIBRATIONAL SELECTION

DATE: .....

### MASTER COPY

Clearly mark each box with a tick ✓ for cool vibrations - or a cross ✗ for not cool vibrations

1	2	3	4	5
---	---	---	---	---

JAI SHRI MATAJI!

## 5 Envelope First Stage Selection Process

**This MASTER COPY and all Forms from Yogis to be retained and placed in a locked briefcase.**



NUMBERS TO GO ON RIGHT HAND SIDE OF  
A4 MANILA ENVELOPES WITH  
MOTHER'S PHOTO AND WORDS FOR  
CHOOSING THE 'SELECTORS'

1

2

3

4

5

SAMPLE

### **3 PHOTOS OF HH SHRI MATAJI**

(APPROXIMATELY A4 SIZE)

WILL BE PROVIDED TO FACILITATORS  
BY THE SMT FOR THE FIRST STAGE  
SELECTOR CHECKING

### **SAMPLE NEGATIVE WORDS TO BE PLACED IN A4 MANILA ENVELOPES FOLLOW**

5 ENVELOPES IN TOTAL TO BE USED

FACILITATORS WILL CHOOSE THE NUMBER OF PHOTOS  
AND WORDS USED EACH TIME

### **NO HANDWRITING TO BE USED**

ON OR INSIDE ENVELOPES

Photos and Words to be placed in A4 envelopes with  
numbers on the front **away from all Yogis.**

THIS



AVAILABLE

ANNO  
RE

5 Envelope First Stage Selection

RESULTS of SELECTION CHECKERS CHOSEN FORM



SAHAJA YOGA MEDITATION AUSTRALIA

NAMES OF SELECTORS TO CARRY OUT CHECKING ON VIBRATIONS  
FOLLOWING THE 5 ENVELOPES PROCESS TO IDENTIFY THOSE  
WITH VIBRATION SENSITIVITY ON THE DAY

DATE: ..... / ..... / .....

	NAMES
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

CONTINUES TO 20

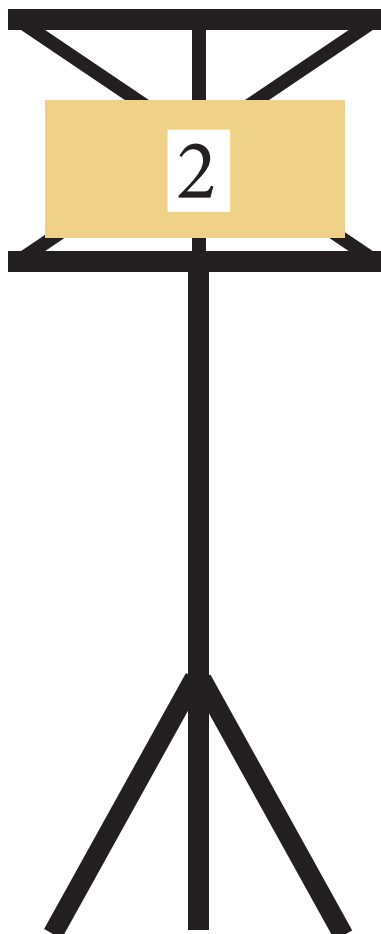
FACILITATORS and SMT NAMES AND SIGNATURES Names chosen to carry out the Selection.

Name: ..... Signature: ..... Name: ..... Signature: .....  
Name: ..... Signature: ..... Name: ..... Signature: .....  
Name: ..... Signature: ..... Name: ..... Signature: .....  
Name: ..... Signature: ..... Name: ..... Signature: .....

## STAGE 2 RESOURCES

### Sample DL size Manila envelopes with Numbers

Printed Candidate names are sealed within the Envelopes with only a number visible when being checked on vibrations.



The printed Names of Candidates are placed by two Facilitators and the Envelopes are sealed. They are then mixed or shuffled and given to another Facilitator not present when the names were placed.

The third Facilitator then moves to a separate area and places the numbers on the Envelopes. They are then kept secure in a locked case in preparation for placing them on a music stand or similar to be checked for vibrations.

This process ensures that no-one knows which names are in the numbered envelopes

All names and numbers are to be printed, cut and placed in and on the Envelopes to avoid any handwritten interference in the vibrations.

Once the checking of envelopes has been completed those involved will immediately hand over their named and signed forms to the Facilitators and leave.



NUMBERS TO GO ON **CENTRE** OF **DL size**  
**MANILA ENVELOPES** WITH CANDIDATES  
**PRINTED** NAMES INSIDE THE ENVELOPES

**NO HANDWRITING** TO BE USED ON ANY  
ENVELOPES OR FOR NAMES INSIDE ENVELOPES

1	2	3
4	5	6
7	8	9
10	11	12

Continues to No 24

# CANDIDATES NAMES TEMPLATE

A separate **Word.doc file** will be provided for typing, and printing **NAMES** before placing them in DL envelopes. This is to avoid vibration interference from handwritten names and numbers.

TYPE NAME OVER THIS

TYPE NAME OVER THIS

**Sample National Coordinator Selection Forms**  
**Used to record vibrations from sealed envelopes with names inside.**  
**ON-LINE COLLECTIVE NOMINATION FORM SAMPLE**



SAHAJA YOGA MEDITATION AUSTRALIA  
**COUNCILLOR NOMINATION FORM - from Collective**

Please add my name to be offered to Her Holiness for consideration as a candiate

for Vibrational Selection to serve the (State name)  Collective

for the position of **STATE COUNCILLOR**

to serve HH Shri Mataji and Her Sahaja family.

FULL NAME:

ADDRESS:

MOBILE:

EMAIL:

COLLECTIVE ATTENDED:

I have viewed the **Candiate Criteria** (Below) and believe I comply.

☐

I have viewed the **Councillor/Coordinator Selection Process document** (attached)

☐

I have a current **(WWCC) or equivalent approval** Number

I agree that the outcome from the Selection Process will be final and accepted and not challenged.

☐

**Continues to No 20**  
*All information and your nomination remains confidential*

**PLEASE FILL IN ALL SECTIONS AND PRESS SUBMIT BELOW**

*Your nomination will be verified.*

**Jai Shri Mataji!**

**SUBMIT**

# Sample National Councillor Selection Forms

Used to record vibrations from sealed envelopes with names inside.



## SAHAJA YOGA **NATIONAL COUNCILLOR** SELECTION OF NOMINEES ON VIBRATIONS

Ask the question “Shri Mataji, is it Your Will that this Yogi/Yogini be a NATIONAL COUNCILLOR for Australia for the Advancement of Sahaja Yoga?”

“Cool” requires both hands to be cool with NO catches.

**If you feel any catches you must tick the NOT Cool Vibrations box.**

Selectors' Name ..... Signature ..... Date .....

	Cool Vibrations	NOT Cool Vibrations	Comments and Chakra catches felt Please complete for each number	NOMINEES NAME (only added after Selection is completed)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10			Continues to No 20	

**SMT / FACILITATORS NAMES AND SIGNATURES I have witnessed this Selection Process.**

Name: ..... Signature: .....

Name: ..... Signature: .....

Name: ..... Signature: .....

# Sample State Councillor Selection Forms

Used to record vibrations from sealed envelopes with names inside.



## SAHAJA YOGA STATE COUNCILLOR - NEW SOUTH WALES SELECTION OF NOMINEES ON VIBRATIONS

Ask the question “Shri Mataji, is it Your Will that this Yogi/Yogini be a STATE COUNCILLOR for New South Wales for the Advancement of Sahaja Yoga?”  
 “Cool” requires both hands to be cool with NO catches.  
 If you feel any catches you must tick the NOT Cool Vibrations box.

Selectors’ Name ..... Signature ..... Date .....

	Cool Vibrations	NOT Cool Vibrations	Comments and Chakra catches felt Please complete for each number	NOMINEES NAME (only added after Selection is completed)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10			Continues to No 20	

SMT / FACILITATORS NAMES AND SIGNATURES I have witnessed this Selection Process.

Name: ..... Signature: .....  
 Name: ..... Signature: .....  
 Name: ..... Signature: .....  
 Name: ..... Signature: .....



# Sample Compilation Forms

This form lists all the results on each Selection Form into one Form



## SAMPLE COMPILATION FORM (POSITION)

SAHAJA YOGA SELECTION OF NOMINEES VIBRATIONS RESULTS - Date .....

NUMBER <b>1</b> NOMINEES NAME: .....		
Number of Cool Vibrations	Number of <b>NOT</b> Cool Vibrations	Comments and Chakra catches felt
NUMBER <b>2</b> NOMINEES NAME: .....		
Number of Cool Vibrations	Number of <b>NOT</b> Cool Vibrations	Comments and Chakra catches felt
NUMBER <b>3</b> NOMINEES NAME: .....		
Number of Cool Vibrations	Number of <b>NOT</b> Cool Vibrations	Comments and Chakra catches felt
Continues to No 20		

We the undersigned **Facilitators** and **SMT members** have witnessed the process to add these details and confirm they are precise and correct.

Name: .....	Signature: .....	Name: .....	Signature: .....
Name: .....	Signature: .....	Name: .....	Signature: .....
Name: .....	Signature: .....	Name: .....	Signature: .....
Name: .....	Signature: .....	Name: .....	Signature: .....

Sample Results Coordinator Forms



SAHAJA YOGA SELECTION FINAL RESULTS COORDINATOR  
Date .....

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	Continues to No 20

By HH Shri Mataji's grace .....  
has/have been chosen on vibrations to be an Australian Sahaja Yoga Coordinator.  
We the undersigned **Facilitators** and **SMT members** have witnessed the process to add these details and  
confirm they are correct.

Name: ..... Signature: .....      Name: ..... Signature: .....  
Name: ..... Signature: .....      Name: ..... Signature: .....  
Name: ..... Signature: .....      Name: ..... Signature: .....  
Name: ..... Signature: .....      Name: ..... Signature: .....

# Sample Results National Councillor Forms



SAHAJA YOGA SELECTION **FINAL RESULTS**  
NATIONAL COUNCILLOR      Date .....

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	Continues to No 20

By HH Shri Mataji's grace .....  
has/have been chosen on vibrations to be an Australian Sahaja Yoga National Councillor

We the undersigned Facilitators and SMT have witnessed the process to add these details and confirm they are correct.

Name: ..... Signature: .....      Name: ..... Signature: .....  
Name: ..... Signature: .....      Name: ..... Signature: .....  
Name: ..... Signature: .....      Name: ..... Signature: .....  
Name: ..... Signature: .....      Name: ..... Signature: .....

# Sample Results State Councillor Forms



SAHAJA YOGA SELECTION **FINAL RESULTS STATE COUNCILLOR**  
for (State) ..... Date .....

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	Continues to No 20

By HH Shri Mataji's grace .....  
has/have been chosen on vibrations to be an Australian Sahaja Yoga State Councillor

We the undersigned Facilitators and SMT have witnessed the process to add these details and confirm they are correct.

Name: ..... Signature: .....      Name: ..... Signature: .....  
Name: ..... Signature: .....      Name: ..... Signature: .....  
Name: ..... Signature: .....      Name: ..... Signature: .....  
Name: ..... Signature: .....      Name: ..... Signature: .....

# Sample Declaration Form - NSW



FACILITATORS  
SELECTION MANAGEMENT TEAM MEMBERS  
**DECLARATION FORM**

We the undersigned **Facilitators** declare that we have carried out the Selection Process held on (Date) .... / .... /..... at: ..... for (position) ..... in full accordance with the guidelines provided and under the guidance and observation of the **Selection Management Team**.

Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....

We the undersigned **Selection Management Team members** declare that we have carried out the Selection Process held on (Date) .... / .... /..... at: ..... for (position) .. in full accordance with the guidelines provided, and all records have been secured before and during the process to be delivered to HH Shri Mataji's Burwood home.

Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....

# Sample Declaration Form - States other than NSW



FACILITATORS  
OBSERVERS

## DECLARATION FORM - STATES OTHER THAN NSW

We the undersigned **Facilitators** declare that we have carried out the Selection Process held on (Date) ..... / ..... / ..... at: ..... for .....  
... in full accordance with the guidelines contained in the **Sahaja Yoga Australia Councillor/Coordinator Selection History and Overview March 2022 documents** under the guidance and observation of the **Selection Management Team**.

Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....

We the undersigned **Observers** declare that we have acted as overseers for the Selection Process held on (Date) ..... / ..... / ..... at: ..... and confirm the process was carried out in full compliance with the guidelines contained in the **Sahaja Yoga Australia Councillor/Coordinator Selection History and Overview documents** and all records have been secured before and during the process to be delivered to HH Shri Mataji's Burwood home.

Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....  
Name: ..... Signature: .....



## Sample Letter to Her Holiness



*Dear Holiness Shri Mataji*

We humbly offer You our heartfelt thanks and appreciation  
for Your giving us the new  
(name of state) Sahaja Yoga National Councillor/s

**NAME/S**

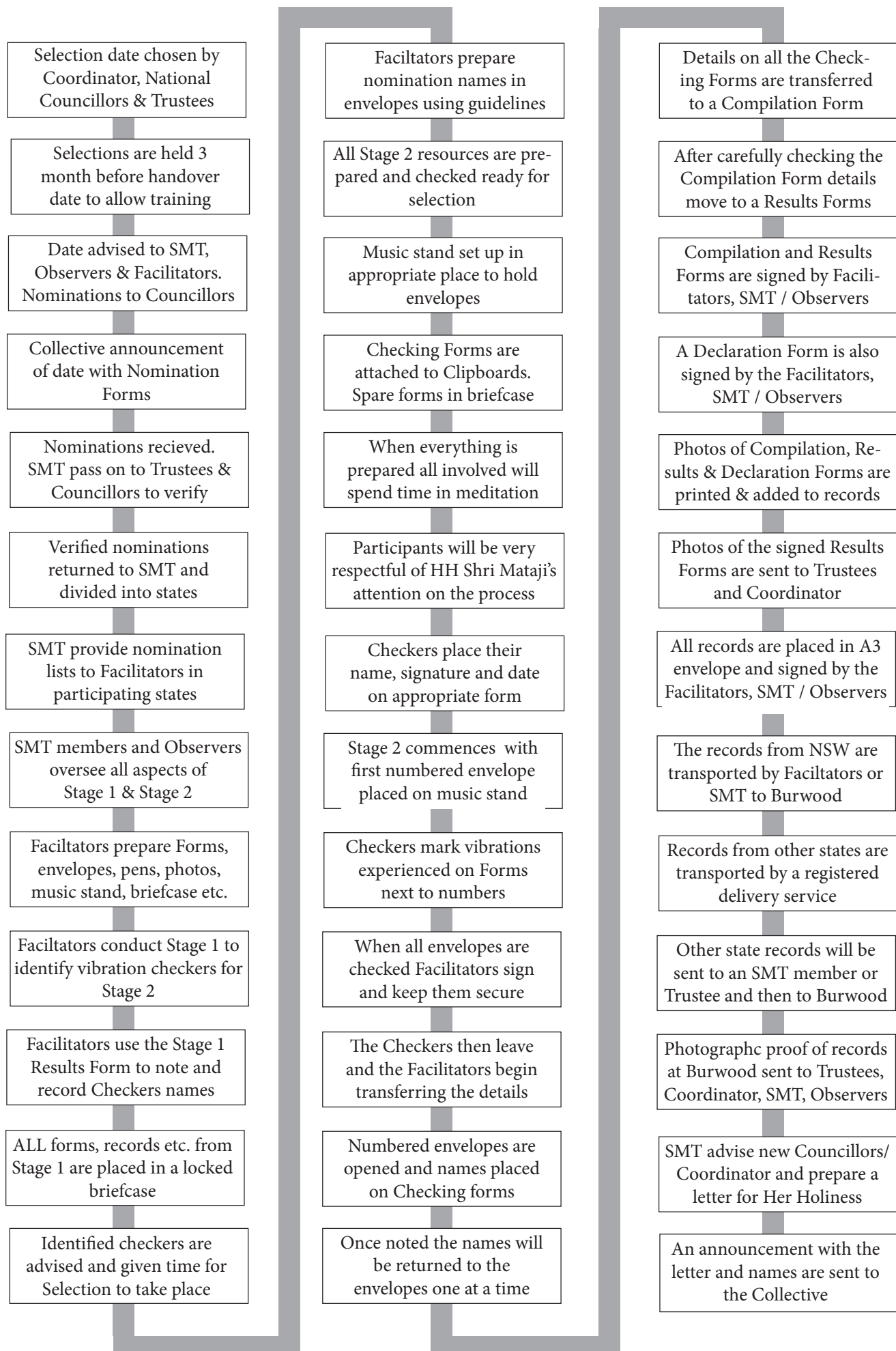
We offer the new Councillor/s at Your Lotus Feet Divine Mother,  
and request your attention on him/her and that he/she may be Your  
vehicle in assisting the (State) and Australian Collective, and to act  
as Your instrument to create a loving nurturing environment for  
the (State) and Australian Collective and the whole world to grow  
in their Spirit.

We also ask Your Divine blessings for all members of the Australian  
Collective and that they will give their love and full vibrational  
support to the new Councillor in his role.

Jai Shri Mataji!



## SEQUENCE OF SELECTION PROCESS





THE FOLLOWING PROVIDES **DETAILED EXPLANATIONS AND INFORMATION** AROUND VARIOUS ASPECTS OF THE PROCESS

### **WHY ARE VIBRATIONS AND CATCHES RECORDED?**

Experience has shown that Vibration Checking can sometimes result in 2 or more candidates receiving the same number of cool results. When this occurs by examining any catches recorded it becomes very clear as to HH Shri Mataji's choice. An example could be strong catches on centres or very hot left or right sides, where others may have no or only mild catches indicated.

IMPORTANTLY all results of the checking process involving catches always remain completely private and secure. Those checking the vibrations will not know the names of those involved and everyone involved will honor the confidentiality of the process.

The process of listing catches has been in place since 2010 in Genoa, and has been fully accepted by Candidates and the Collective since then.

### **MANAGING AND ENSURING INTEGRITY OF THE SELECTION PROCESS**

Since 2010 and until quite recently a number of senior (in years) experienced Sahaja Yogis have taken part in our Selection Processes for Councillors and Coordinators adding a high degree of confidence to the process. The process in Genoa in 2010 also had senior members involved.

This essential aspect is provided by a group of four respected senior volunteers described as the NSW '**Selection Management Team**' (SMT) and two senior volunteer '**Observers**' in other states.



The SMT and Observers will provide credibility and ensure the security and transparency of our Vibration Selection Process, avoiding any perceived or real influence from Candidates, Councillors, Coordinators, or others. They will also provide resources including required Form templates, Nomination Forms and other items, and establish and maintain records of Selections, amongst other roles.

**SMT** members will be invited by the Trustees, and **Observers** will be chosen by their local Collectives.

Facilitators, SMT members and Observers are not to discuss any private confidential information with anyone not directly or officially involved in the process at any time whatsoever.

Security around confidential information and all Forms and Documents is to be of the highest priority. Any attempts to communicate about the process once it has begun will not be responded to and will be reported to our *Legal Compliance Team Coordinator. Ms Sue Nickson M: 0401 121 350 E: national-compliance@sahajayoga.com.au (or the current Legal Compliance Team Coordinator)*. Any attempts of interference are to be rejected and also be reported.

All records of Forms and documents used are to be kept secure during the process in a locked briefcase and all the relevant documents are to be photographed and added to the original documents and stored in HH Shri Mataji's rooms at Burwood. Photographs of the Results Forms signed by Facilitators, SMT members or Observers are to be sent to the Coordinator and Trustees by email upon completion of the process. **All photos will be deleted from cameras.**

## VERIFYING CANDIDATE ELIGIBILITY

***Nominees for the role of Councillor/Coordinator should meet the following criteria:***

- They are actively involved in the work of Sahaja Yoga
- They regularly attend collective programs and pujas
- Their personal circumstances are such that they can actively contribute to the workings of the Council in a respectful, positive manner, always having Her Holiness and the welfare of the Collective in the attention and the highest priority
- They agree to always adhere to HH Shri Mataji's advice and instructions
- They should enjoy the general respect of the Collective
- They have no pending legal action that may bring Sahaja Yoga into disrepute
- Any nominee who has a criminal record which would affect their ability to carry out their role as a Councillor/Coordinator should decline to be nominated.
- Any Councillor/Coordinator involved in legal action (*not considered malicious in nature*) must step down from their position until the matter is resolved. A replacement for the position can be arranged if the situation is long term.
- Councillors / Coordinators who resigned during their term of service will not be eligible to be considered (*unless they provide a legitimate reason such as a required employment relocation to another state.*)

- 
- Anyone in a position where they can't provide or prove the existence of their Selection records involving both the Stage 1 and Stage 2 process with a signed and dated Results Form will be considered invalid.
- It should be borne in mind that if more than one yogi from a single family are selected as State or National Councillors, it is reasonably likely that this may impact upon the family, and is not recommended.
- All nominees' names are to be provided to the Trustees (and National Councillors where appropriate) from their state to check their eligibility for selection. The approved names will be provided to the SMT to be recorded and then passed on to the relevant Facilitators to prepare the selection process documents.

## **TIMING OF SELECTIONS USING THE 'CONTINUITY PRINCIPLE' PROVIDING A 3 MONTH HAND OVER PERIOD**

A 'Continuity Principle' was approved in Genoa by Her Holiness in 2010 (*see letters to and from Her Holiness - pages 7 and 8*) to ensure a continuance of knowledge and experience for our Councillors and Coordinators. The Continuity Principle using Vibration Selection was specifically commented on as *'this is the model for the rest of the world.'*

The principle will be applied by holding the actual Selection Process around **3 (three) months** before the handover date so new Councillors/Coordinator/s can be included in communications and activities to become familiar and versed in the position, and be fully aware of any projects under way, along with the principles and requirements of our administration for when they begin their term.

Another aspect of the 'Continuity Principle' is to have an opportunity for Her Holiness to choose active Councillors again to join new Councillors to bring their experience and knowledge forward, particularly with significant projects and longer-term initiatives. This process will invite presently active Councillors to offer themselves for further terms in the same or another position should they care to. Having a mix of new and previous Councillors ensures Council activities are continued in a seamless manner.

The timing of each Selection will consider suitable events to maximize participation and any other factors requiring some flexibility. The dates will be decided by Trustees, National Councillors and the Coordinator and be advised to all Facilitators teams, the SMT and Observers (within 6 weeks) to allow maximum time for preparations including inviting nominations, checking eligibility, preparing resources etc.

## **CONTINUITY PRINCIPLE OPTIONS FOR COUNCILLORS**

Every encouragement should be made to invite Sahaja Yogis to consider offering themselves in service to Her Holiness and Her family as Councillors.

Traditionally State, National Councillors and Coordinators were in their position for 5 years, however requests from State Councillors changed their terms to 3 years.

State Councillors presently have a 3 year term, with an option of 5 years. National Councillors and Coordinator terms are 5 years.

There will be no restriction of time for Councillors period of service.  
*Her Holiness will decide if She wishes someone to continue in the role or not.*

**State Councillors** completing a term may offer themselves again as a State Councillor, or when a National Councillor selection is held, they can be offered for a National Councillor position.

**National Councillors** completing a term may offer themselves again as a National Councillor, or when a Coordinator selection is held, they can be offered for a Coordinator position. This may require a 'replacement' National Councillor being appointed for the state and the Selection records can be revisited and the next candidate on the list may be asked to step into the role.

Our traditional has been for **Coordinators** to serve one term, although they may be offered again to Her Holiness.

Should any Councillors not seeking reelection or not chosen be involved in ongoing projects which would benefit from their further involvement, they may choose to continue contributing to the projects to bring them to fruition as Sahaja Yogis. with no involvement in Councillor activities.

## RETIREMENT DURING COUNCILLOR / COORDINATOR TERMS

As has been our past practice should any Councillor or Coordinator decide to retire during their term they will be ineligible to nominate again (*unless there are circumstances such as an employment relocation to another state or similar.*)

The retiring Councillor or Coordinator will always be appreciated and respected for their contribution. In these circumstances if there is a need to replace the person retiring the records of the Selection can be revisited and the next candidate on the list may be asked to step into the role.

## NOMINATIONS AND KEEPING RECORDS

The SMT will send **Nomination forms** to recently active **State and National Councillors** asking if they would like to again be considered to offer their service to the Collective.

Nominees will provide all their details and their interest in either a State or National Councillor position. Active National Councillors may apply for the Coordinator position when it becomes available. As in the Genoa process Councillors will nominate themselves.

The SMT will create records of responses and the positions indicated and prepare a list of the accepting candidates' names. Any responses not received within 7 days after the invitation is issued will be considered as declined.



The nominees' details will be provided to the Trustees to check compliance, with a list returned to the SMT asap. The final list of Nominees seeking reselection will be passed on to Facilitators.

## LOCATION OF SELECTIONS

Based on our history since 2010 and for practical reasons, **Coordinator and National Councillors** are checked and selected at HH Shri Mataji's Balmoral property.

This practical arrangement is based on the fact that the property provides the maximum number of Yogis attending to provide sensitive Selectors. As National Councillors and Coordinator are representing our National Collective their selection and the processes involved must involve and be openly seen by the maximum number of the Sahaja Yogis to provide full credibility.

**State Councillor Selections may be held at Balmoral or in states different to the state being checked** to ensure there is no local influence should the local Collective decide to do so. **State Collectives wanting another state to check their State Councilors need to advise the SMT well before the Selection occurs so all arrangements can be made.**

Traditionally NSW have chosen to hold their State Council selections at Balmoral and this option is available for the NSW Collective to choose rather than another state checking them.

## VIDEO OPTION

To give Yogis a much better idea of the processes involved and the very tangible Divine attention evident in Selecting Candidates, a video may be made in such a way as to ensure no names or personal details are shown. A video would help Yogis better understand the process and be a guide for future selection teams. If those involved in the process prefer to be anonymous their faces do not need to be shown. The video may be available to the Collective and for training.

## ANNOUNCEMENT - PREPARATION - TIME LINES - NOMINATION FORMS

- **The Selection date** is to be chosen by the Coordinator, National Councillors and Trustees a **MINIMUM of 6 weeks in advance** to allow for all announcements, nominations, and other preparation work to be readied. The Collective along with all **Facilitators**, the **SMT** and **Observers** (*if being conducted in states other than NSW*) are to be advised as soon as the date is decided.
- **Nominations** are to be called asap after the date is announced and **no later than 5 weeks before the selection. 7 days will be allowed for responses.**
- The **SMT** in conjunction with the Trustees and Coordinator will provide prepared **Nomination Forms** for the Collective, including eligibility advice, to the attached **Selection Announcement**. (*Nomination Form example on [page 22-25](#)*)
- The **SMT** will send prepared **Nomination Forms** including eligibility advice to recently active Councillors inviting them to consider applying for **State or National Councillor positions.**

**National Councillors** will be invited to apply for the **Coordinator position** when it becomes available. (*Nomination Form examples on page 24*)

- **Nominations responses** are to be **returned to the SMT** and will be collated into state groups and provided to the **Trustees and National or State Councillors** for eligibility checks with **responses required within 7 days**.
- Once approved **Candidate Nomination lists** will be provided by the **SMT** to **Facilitators** **no later than 2 weeks** before the selection date to allow preparations to be made.
- **Nomination Forms to the Collective** will include the Nominees State, Name, Address, Mobile number, Email, Collective attended, Criteria confirmation, and current WWCC (or equivalent) number, with all nominations received being recorded. (In the future Tasmania and the Northern Territory can be added as State options when appropriate.)
- **‘Online option’** There is an option of the ‘*Call for Nominations from the Collective*’ process to be placed ‘online’ (*page 25*) where the Form is filled in and submitted and replies are automatically available to the SMT for processing. **This option is recommended.**

## **APPOINTMENT OF SELECTION PROCESS TEAM MEMBERS**

### **‘FACILITATORS’ FOR SELECTIONS HELD IN NSW**

In NSW the **Trustees** in collaboration with the **SMT** will invite **2 teams of 4 capable Sahaja Yogis** who are readily available to attend, manage and run Selection processes held in NSW. The teams will be known as ‘**NSW Facilitators**’ and each team will choose a name to differentiate them. The Facilitators will not hold any current positions as Councillors, Coordinators or Trustees or be related to anyone in those positions.

To allow for times when a number of Selections may be held on the same day the 2 teams may run separate selections simultaneously. The teams may rotate their services and move from team to team if someone is unavailable.

**The Facilitators** will all be proficient in the Selection Guidelines and requirements set out in this document with particular emphasis on confidentiality and security with no interference or involvement by Candidates, Coordinators, Councillors and Trustees, and in maintaining high security around all Forms and Documents involved in the process.

**Facilitators** and all others involved must remain mindful that HH Shri Mataji’s attention is on the process and full respect and protocols towards Her must always be observed.

There will be no time limit for NSW Facilitators periods of service as when any member retires, they will be replaced with a new member with full training as needed. This will retain knowledge and experience and is in keeping with the ‘Continuity Principle’.

Councillors and Coordinators will always respect the autonomy of Facilitators and not have any discussions or involvement with them relating to Selections once the process begins.

Names, emails, and phone numbers of all Facilitators will be provided to the SMT to ensure provision of resources.

### **‘FACILITATORS’ FOR SELECTIONS HELD IN STATES OTHER THAN NSW**

State Councillor Selections may be held at Balmoral or some states may request another state to conduct their State Councillor selections to provide a distance from the process and remove any perceived concerns.

Any arrangements amongst states for checking one another must be organised well before the Selection is due and announced to allow time to invite and provide training for Facilitators. **All arrangements for State Councillor selections must be advised to the SMT asap.**

**National (or State) Councillors** in the state (other than NSW) conducting the Selection will suggest names and **the Trustees** will invite a team of 4 capable Sahaja Yogis who are readily available to attend, manage and run Selection processes held in the state conducting the process. The team will be known as ‘(State name) **Facilitators**’. The Facilitators will not hold any current positions as Councillors, Coordinators or Trustees or be related to anyone in those positions.

The (State name) **Facilitators** will all be proficient in the application of the Selection Guidelines and requirements set out in this document with particular emphasis on confidentiality and security aspects with no interference or involvement by Candidates, Coordinators, Councillors and Trustees, and maintaining high security around all Forms and Documents involved in the process.

Facilitators and all others involved must remain mindful that HH Shri Mataji’s attention is on the process and full respect and protocols towards Her must always be observed.

There will be no time limit for (State name) Facilitators periods of service as when any member retires, they will be replaced with a new member with full training as needed. This will retain knowledge and experience and is in keeping with the ‘Continuity Principle’.

Councillors and Coordinators will always respect the autonomy of Facilitators and not have any discussions or involvement with them relating to Selections once the process begins.

Names, emails, and phone numbers of all Facilitators will be provided to the SMT to ensure provision of resources.

### **APPOINTING THE ‘SELECTION MANAGEMENT TEAM’ (SMT) Based in NSW**

Four senior NSW Sahaja Yoga Volunteers with management experience who are not currently acting in a Councillor, Coordinator or Trustee position will be appointed by the **Trustees**.

The group will be known as the **Selection Management Team (SMT)**.

The SMT will *oversee* all National Councillors and Coordinators and optional NSW State

Councillor selections at HH Shri Mataji's Balmoral property in NSW, ensuring they are carried out in full compliance with this document and Her Holiness Shri Mataji's example of the process in Genoa in 2010.

SMT members will be fully conversant with all guidelines in this document and have a printed copy available for reference should it be required during any Selection Process. The SMT will make all Forms and other requested resources available to all Facilitators in NSW and other states upon request.

At least two SMT members will attend each Selection Process in NSW including the placing of Candidates' names in envelopes. SMT members will observe Stage 1 and work with Facilitators during Stage 2. Provided there are no issues they will sign the Compilation, Results and Declaration Forms of the 'Selection on Vibrations' process.

Should two separate selections be held on the same day at Balmoral two SMT members will attend each one.

There will be no time limit for SMT Members period of service as when any member retires, they will be replaced with a new member with full training as needed. This will retain knowledge and experience and is in keeping with the 'Continuity Principle'.

Councillors and Coordinators will always respect the autonomy of the SMT and Observers and not have any involvement with them relating to Selections once the process begins.

## **SMT ROLES AND SERVICES PROVIDED**

When the 'NSW Facilitators' are appointed the SMT will work with them to ensure they have hard copies of the Selection Process guidelines for training purposes, and that all required resources are provided in a timely manner.

At the appropriate time names of approved nominees will be provided to Facilitators to allow preparation of Selection Process items.

The SMT based in NSW will remain in contact with Facilitators and Observers in states other than NSW and offer any assistance with State Councillor Selections if requested.

## **SMT RESOURCES AND SERVICES AVAILABLE TO NSW FACILITATORS AND FACILITATORS IN STATES OTHER THAN NSW**

**The SMT will carry out several roles and assist Facilitators and Observers with the following:**

- Arranging for the distribution of **Nomination** invitations to the Collective and active Councillor Candidates for State/National Councillor and Coordinator positions, providing Criteria Requirement information, and a link to a PDF file of the full Selection Process document.

- Providing response letters to Nominees with further information if required
- Providing nominee names to Councillors and Trustees to check eligibility
- Creating Candidate lists for each state and forwarding to relevant Facilitators
- Advising Facilitators and Observers of Selection dates
- Providing literature, advice and training for Facilitators / Observers where required
- Arranging for at least two SMT members to attend each Selection Process in NSW
- Arranging for an alternative Facilitator members for each Selection if someone is unavailable
- Arranging all required resources for each Selection
- Providing Candidates names to Facilitators at least two weeks before the Selection
- Overseeing all aspects of Stage 1 and 2 and checking and signing relevant forms
- Ensuring ALL forms and records are locked in a briefcase at the end of each process
- Ensuring all records are delivered to Burwood and placed in a locked filing cabine
- Providing photographic proof of records delivered HH Shri Mataji's Burwood home
- Arranging a letter to HH Shri Mataji (*page 61*) to go to Nirmal Dham or Her Burwood Rooms (SAMPLE PROVIDED SEPARATELY as a Word .doc) so names and other details can be filled in)
- Advising successful candidates, Coordinator, Trustees and Collective of the results.
- Source A4 size photographs of Her Holiness and provide them to Facilitators in all states.
- Provide and maintain updated records of previous terms of Councillors/ Coordinators to be recorded and made available. Records to be held by the Trustees.
- General management and keeping of records.

### ***RESOURCES FOR EACH SELECTION WILL INCLUDE:***

- All Required Forms to suit State & National Councillors and Coordinator Selections (*All Form Originals are available from the SMT team and Trustees*)
- **Stage 1** '5 box' forms to suit the number of Yogis expected, (2 to a sheet).
- Master Copy to check by.
- Results sheet.
- Pens to suit the number of Yogis expected,
- 2 x A3 size envelopes,
- 5 x A4 Envelopes,
- Up to 20 DL envelopes - depending on number of nominees,
- Glue Stick for applying numbers to envelopes
- Scissors to cut out numbers,
- Access to a printer,

### ***ONE OFF ITEMS:***

- 1 music stand to hold envelopes,
- 1 lockable briefcase,
- 10 x Clipboards,
- 3 x A4 size photographs of HH Shri Mataji, *Photographs are to be provided by the Selection Management Team to Facilitators in all states.*
- A full printed copy of these guidelines if required for reference.

**ITEMS TO BE SOURCED AND OBTAINED BY THE FACILITATORS AND SMT** will have payment provided back to them from Sahaja funds on presentation of receipts.



## APPOINTING SELECTION PROCESS 'OBSERVERS' (IN STATES OTHER THAN NSW)

A distance will be created from the Councillors and Coordinators from the process. To provide this requirement in states other than NSW two respected senior Yogis Sahaja Yogis who are not currently acting in a Councillor, Coordinator or Trustee position or related to them, will check all aspects of the State Councillor Selection in their state and will be known as *(State name)* 'Observers'.

The two senior 'Observers' prepared to take on the roles **will be nominated and selected by the whole Collective** in a discrete process where those interested will be identified and advised to the Collective at a meeting and all Yogis present can privately indicate their preferences in writing with the results read out and shown to all Yogis.

This process will maintain the integrity of the 'Observers' positions by establishing and retaining a distance from the Councillors as noted in guidelines approved by Her Holiness.

Councillors will always respect the autonomy of the Observers and not have any discussions or involvement with them relating to Selections once a Selection is under way.

## 'OBSERVER' ROLES (IN STATES OTHER THAN NSW)

When the *(State name)* Facilitators' are appointed the two *(State name)* 'Observers' will communicate with them to ensure they have hard copies of the Selection Process guidelines for training purposes and offer any assistance in obtaining required resources locally and from the SMT keeping in mind tight timelines on providing resources.

The two *(State name)* 'Observers' will be in attendance for all aspects of the Selection Process including placing candidates' names in envelopes and will observe Stage 1, and work closely with Facilitators in checking all forms in the Stage 2 process.

If there are no problems with the process, they will sign the Compilation, Results and Declaration pages confirming everything was done in full compliance and ensuring the integrity of the 'Selection on Vibrations' process.

There will be no time limit for 'Observers' periods of service as when any member retires, they will be replaced with a new member with full training as needed. This will retain knowledge and experience and is in keeping with the 'Continuity Principle'.

Councillors and Coordinators will always respect the autonomy of Observers and not have any discussions or involvement with them relating to Selections once the process begins.

## MINIMUM NUMBER OF SELECTION CHECKERS REQUIRED

### Minimum 3 Checkers



The Selection 'envelopes with names inside checking process' requires a minimum of 3 Yogis indicating an acceptable level of vibratory awareness to check the envelopes with candidates' names. If sufficient numbers of Selection Checkers are not found the Selection Process under way is to be cancelled.

If the 1st stage pre-checking step does not produce at least three checkers, then the selection needs to be rescheduled and it cannot proceed. If after two attempts the required minimum 3 Yogis are not found the process may be passed to another state.

This requirement is non-negotiable by any Collective seeking to host a selection process.

## **NUMBER OF COUNCILLORS PER STATE**

At present, Tasmania is represented by the Victorian Councillors and the Northern Territory is represented by the Queensland Councillors. In the future as numbers grow these states will be encouraged to establish their own Council representatives.

In the State where the National Coordinator is located, a minimum of one National Councillor for that state should also be selected. This permits the National Coordinator to focus on national and international matters more so than State matters and spreads the duties so as not to overload any one person.

In the past when Her Holiness was visiting Australia and numerous activities including national Sahaja Tours and national and international Music of Joy tours, hosting international pujas, and numerous other activities were under way, there was a requirement for significant numbers of Councillors to manage everything.

However with the reduction of activities and other influences such as Covid restrictions, the number of State and National Councillors have reduced to reflect the circumstances in recent times. Every effort will be made to provide appropriate numbers of National and State Councillors based on the size of the Collectives and resultant workloads.

Numbers will be dependent on having sufficient nominees from each state, and what is indicated by the vibrations. The aim is to ensure wide representation, interaction, and sharing of workloads and maximum participation by all Sahaja Yogis.

With the growth of Sahaja Yoga in the future with more activity within the Collectives, nationally and internationally, and as the need grows the number of Councillors will increase to suit.

## **EXPECTED BEHAVIOUR**

A Councillor or Coordinator position requires the highest level of integrity and absolute adherence to HH Shri Mataji's guidelines and expectations of those assisting in administration arrangements and the spiritual growth and wellbeing of the Collective, and the spreading of HH Shri Mataji's gift and message to the world.

The Coordinator and National Councillors will establish and have a positive open relationship amongst themselves and with the Trustees and vice versa, recognising and respecting differences in their responsibilities, but keeping one another advised of matters which may impact them. Any matters of concern with either party can be discussed with trust and confidence recognising we are all brothers and sisters in Her Holiness Shri Mataji's family.

Councillors and Coordinators will reflect HH Shri Mataji's desire and aspirations for Her Collective and not impose any personal concepts or changes to established protocols. They will also work cooperatively with one another with full respect and a joyous attitude, always adhering to HH Shri Mataji's teachings and guidelines in this document. Councillors and Coordinators will also be fully supportive of and in compliance with all legal and legislative requirements such as Working With Children Checks, Insurance obligations etc.

Should any Councillors or Coordinator find difficulty complying with the above, they will initially be counselled by appropriate persons and given an opportunity to discuss the matter in a supportive environment. If after some time they are unable to correct their behaviour and comply to the requirements, and are adversely impacting others or the Collective, it may be necessary to consider appropriate action.

In these situations after having attempted to assist the person concerned without a resolution, a vote will be taken amongst National Councillors and the Trustees to decide if the Councillor or Coordinator should be relieved of their duties for their own and the Collective's benefit. The vote will require more than 50% agreement.

Any matter of a legal nature will be referred to the Legal Compliance Team Coordinator. *Ms Sue Nickson: M 0401 121 350. E: [national-compliance@sahajayoga.com.au](mailto:national-compliance@sahajayoga.com.au) (or the current Legal Compliance Team Coordinator)* noting all details for initial investigation and possible action with the matter being referred to relevant authorities if required.

Any Councillor or Coordinator subject to legal investigation or action (not considered malicious in nature) will step down temporarily until the matter is dealt with. If the matter directly involves the Collective and is proven, they may be required to resign.

Coordinators and Councillors will not attempt to influence or change for any reason guidelines and the basic arrangements of Sahaja Yoga or our established administration procedures as provided by Her Holiness.

There must be an understanding that everything provided is a Divine instruction and must be respected and honoured in full surrender and enjoyment, allowing everyone to carry out their roles with confidence, trust, and love for Her Holiness and Her family.

Any active participating Sahaja Yogi may report or make a claim about a Councillor or Coordinator to the Legal Compliance Team Coordinator or Trustees who will consider if it requires follow up or other action.

Any complaints or investigations will be treated with full confidentiality with all details being documented and held at HH Shri Mataji's home in a secure situation. Any matters involving the Police or other agencies will be referred to them.

## **REPORTING ANY SELECTION PROCESS INTERFERENCE**

The Selection Team Members, Facilitators and Observers will never discuss any private information with anyone not directly involved in the process, before, during or after the Selection has occurred to ensure the privacy of Candidates.

Facilitators, SMT members and Observers must report anything not in accordance with the guidelines or any inappropriate attempts to communicate with themselves in relation to the Selection, or interference in the process once the Selection is under way. These aspects are particularly highlighted because of recent disturbances.

Incidents need to be reported as soon as practical to our *Legal Compliance Team Coordinator*. Ms Sue Nickson: M 0401 121 350. E: [national-compliance@sahajayoga.com.au](mailto:national-compliance@sahajayoga.com.au) (or the current *Legal Compliance Team Coordinator*) noting and recording all details.

If any interference is considered serious enough the matter may be discussed with appropriate Trustees or Councillors, and if it is deemed to have had an unacceptable impact on the process there is an option to begin again at an appropriate point or declare the selection void and reschedule it for another date. Any claims around interference will be investigated, and if proven appropriate action can be taken against those involved.

## **SECURITY / STORAGE OF RECORDS**

To avoid any interference with the results after the process, the SMT members in attendance will photograph the Stage 1 Results Form, Compilation Forms, Final Results Forms and Declaration Forms and print off the photographs to be placed with the records to be placed in HH Shri Mataji's Burwood home.

Copies of the Results Form photos will be emailed to the Trustees and Coordinator.

ALL records of the full process are to be locked in a briefcase during the various stages on the day. None of the original forms or records are to be given to Councillors, Coordinator, Trustees, or any Yogis. In NSW the Facilitators or SMT members will deliver all records to Burwood as soon as practical and ensure their secure storage. Photographic proof of their delivery will be sent to the Facilitators, SMT members and Trustees.

Facilitators will photograph the Compilation Forms, Final Results and Declaration Forms and print off the photographs to be placed with the records. Copies of the Results Form photos will be sent to the SMT, Trustees and Coordinator. At the end of the process all photos will be deleted from cameras.

In states other than NSW records and printed photos will be sent by registered parcel delivery to a Trustee or SMT member in NSW to be delivered to HH Shri Mataji's rooms at Burwood. Photographic proof of the delivery will be sent to Facilitators, SMT, Observers, and the Trustees.

## PERIOD OF STORAGE OF RECORDS

Records held at HH Shri Mataji's Burwood home must be kept for **an unlimited time** as inquiries or challenges may come at any point in the future and may involve legal aspects. The records also confirm the names of yogis selected in previous years for reference if required. Original records are available at Burwood should any Sahaja Yogi make a request with a legitimate reason for seeing them with a Trustee present. No photographs are permitted.

## SEEKING MOTHER'S BLESSINGS FOR THOSE CHOSEN

The chosen candidate/s are to be advised by the SMT in writing. A letter is created thanking Her Holiness for providing Her new Councillors/Coordinator and seeking Her blessings for all Australian Yogis (*page 61*). Arrangements will be made for the letter offered at Nirmal Dham or at Mother's Burwood Rooms. Following offering the letter an announcement is made to the Collective advising names and positions with a copy of the letter to Her Holiness.

## SHE DOES EVERYTHING

Provided everything is done according to HH Shri Mataji's instructions we can be fully confident and enjoy the special Divine attention of these occasions always remembering that She is in full control and taking care of everything so beautifully.

## COUNCILLOR TRAINING WORKSHOPS

In the past very successful Workshops have been held at HH Shri Mataji's Burwood home involving all Councillors, Coordinator, Trustees, all Administration Volunteers, Music groups, IT and Web Teams, etc. This sharing of knowledge and experience strengthens vibrations and relationships and is very valuable. It is recommended regular workshops be held as required. The workshops should ideally be arranged and conducted by an independent Yogi.

### CONTRIBUTORS

*Apart from direct advice and guidance from Her Holiness, other input for this document has been received from the current Councillors and Coordinator, Trustees, Selection Document Team members, senior Yogis who spent time in Mother's presence and were in Genoa in 2010, the Legal Compliance Team Coordinator, Working With Children Check Team members, and Sahaja Yogis recognising the need to prevent any diversions from the essence of the Divine instructions and examples of Her Holiness Shri Mataji.*

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*Dear Shri Mataji, we bow to Your Lotus Feet with full surrender. Thank You for all the blessings.*



## ***NOTES***